



# East Coast Softball

A DIVISION OF EAST COAST CONDITIONING

## East Coast Softball Academy Tryouts



**East Coast Softball Academy will be holding tryouts** for the upcoming Fall 2011 and the 2012 seasons. Players trying out are only required to attend 2 of the tryout dates. Making more of the dates will be helpful in evaluating your player for our teams. We will be holding tryouts for ages 10U thru 18U on the following dates:

**August 13th and 14th** at Wardlaw Hartridge HS from 10am to 12pm

**August 17th** at East Coast Conditioning Sports Plex at 5pm to 7pm

**August 18th** at East Coast Conditioning Sports Plex at 7pm to 9pm

**August 20th** and 21st at Wardlaw Hartridge HS 10am to 12pm

Players will be notified about roster spot on August 22nd.

Parents Meeting will be held on August 25th at 7pm at East Coast Conditioning SportsPlex (\$500 deposit will be required at that time).

Academy Team Workouts will begin August 29th.

For more details contact  
**Kathy Hrycyna,**  
Director of Softball Operations,  
at  
[Kathy.Hrycyna@ecc-athlete.com](mailto:Kathy.Hrycyna@ecc-athlete.com)  
**(908) 756-6868**

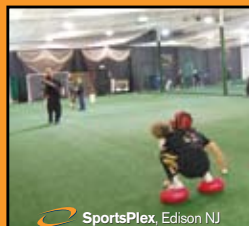
### where athletes train

**ECC SPORTS PERFORMANCE OFFERS SPECIALIZED TRAINING IN**

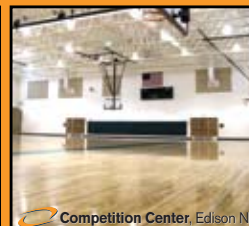
BASEBALL – SOFTBALL – SOCCER – LACROSSE – BASKETBALL  
FIELD HOCKEY – GOLF – STRENGTH AND CONDITIONING

**EAST COAST OFFERS COMPETITIVE TRAVEL TEAMS IN:**

LACROSSE – BASEBALL – SOFTBALL



SportsPlex, Edison NJ



Competition Center, Edison NJ



Weight Room, Clark NJ



**ECC SportsPlex**  
216 Tingley Lane, Edison, NJ 08820  
(908) 756-6868  
[www.EastCoastConditioning.com](http://www.EastCoastConditioning.com)

**ECC Athletic Training Center**  
1085 Raritan Rd, Clark NJ 07066  
(732) 381-9376  
[www.EastCoastConditioning.com](http://www.EastCoastConditioning.com)

**ECC Competition Center**  
216 Tingley Lane, Edison, NJ 08820  
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