



East Coast Softball

A DIVISION OF EAST COAST CONDITIONING

3 Day Softball Spring Break Camp!!! "The season IS right around the corner"



SportsPlex in Edison, NJ



Details

Dates: April 19th, 20th, 21st

Times: 9:30am – 12:30pm

Ages: 6 – 13 year olds

*Groups will be divided by age & ability

Price: \$149 per player

Call or email to reserve your spot

(908) 756-6868

kathy.hrycyna@ecc-athlete.com

The Spring Thaw – Softball Camp

Shake off those winter blues and escape the cold and rain in our 11,000 sq ft facility!

East Coast Softball Academy will help your daughter gain the skills and confidence to master the game of softball. Our staff of professional coaches, lead by Kathy Hrycyna, formerly of the Jennie Finch Softball Academy, have competed and coached at the highest level. They come prepared with winning attitudes and tested drills to help your daughter improve her technique.

Players will be grouped by age and skill level to maximize learning. Whether your daughter is a beginner or an experienced player we can help take her game to the next level.

Hitting
Throwing
Catching

Fielding
Base running
Sliding

Bunting
Slapping
Pitching



Camp will be directed by Kathy Hrycyna Shoemaker, East Coast Director of Softball Operations

- Softball Scholarship to George Mason University
- Former Director of Softball Operations for the Jennie Finch Softball Academy at Diamond Nation
- 14 years of Elite Group Instruction – including Elite Fastpitch, Nike Softball, George Mason University, Towson University and The College of New Jersey
- 11 years of Elite Travel Coaching and College Recruiting – including the Jersey Devils and the Jersey Inferno



East Coast Conditioning
Sports Performance Training

where athletes train

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