



BRASA Soccer Classes



ROBINHO Ball Mastery Class

This is our combination of body coordination, creative games and the fundamental techniques of soccer in a fun and social environment. A great way to be introduced to a great sport.

U5/6 Class – Wednesdays 4-5pm
U7/8 Class – Wednesdays 5-6pm

7 week programs start the week of May 2nd

RONALDINHO Foot Skills

Through the Ronaldinho clinic we focus on developing both individual and team skills. Quick footwork, sharp turns and super fast dribbling are a focus as well as the development of decision making and passing abilities.

U9/10 Boys – Mondays 4-5pm
U11/12 Boys – Mondays 6-7pm
U13/14 Boys – Wednesdays 6-7pm

U9/10 Girls – Mondays 5-6pm
U11/12 Girls – Mondays 7-8pm
U13/14 Girls – Mondays 8-9pm

7 week programs start the week of May 2nd

RONALDO Shooting and Finishing

Our Ronaldo class works on all aspects of our favorite part of the game – scoring goals. We develop power shooting, finishing with finesse, composure, scoring under pressure and much more...

U9/10 Boys – Thursdays 4-5pm
U11/12 Boys – Thursdays 6-7pm
U13/14 Boys – Thursdays 8-9pm

U9/10 Girls – Thursdays 5-6pm
U11/12 Girls – Thursdays 7-8pm
U13/14 Girls – Wednesdays 7-8pm

7 week programs start the week of May 2nd

All classes will be held at the East Coast Conditioning SportsPlex

216 Tingley Lane, Edison, NJ 08820 • (908) 756-6868 • info@ecc-athlete.com • www.EastCoastConditioning.com

Must call in advance to reserve a spot. Any questions please contact Joanne Sweeney:

(908) 756-6868 • joanne.sweeney@ecc-athlete.com • info@brasasoccer.com



where athletes train

East Coast Conditioning SportsPlex 216 Tingley Lane, Edison, NJ 08820 • (908) 756-6868 • www.EastCoastConditioning.com
East Coast Conditioning Athletic Training Center 1085 Raritan Rd, Clark NJ 07066 • (732) 381-9376 • www.EastCoastConditioning.com