



East Coast Conditioning

Sports Performance Training

East Coast Conditioning Football Camp Coaching Staff

Coach Marc Crisafi is the program and curriculum head for the ECC Football Camp.

About Coach Crisafi:

- 20 years of football coaching experience
- Currently coaches at Arthur L. Johnson High School
- Coach Crisafi has instructed and successfully developed numerous college and professional players

Kelly A Wise, CSCS. – Head Strength Coach for East Coast Conditioning

- Strength and Conditioning Coach at Princeton University, Villanova University and Manhattanville College

Nick Gregorio – Current Head Coach at Arthur L. Johnson High School

- Former Assistant Coach at Kean University
- Former Assistant Coach Ridge High School

John Power – Current Head Coach Hillside High School 2008

- 2008 Union County Coach of the Year
- Former Union High School Offensive Coordinator

Scott Messler – Former Head Coach Freshman at UHS

- Former Strength and Conditioning Coordinator at UHS

Carmen Scuderi – Assistant Coach Arthur L. Johnson

- Former Assistant Coach at Elizabeth High School

Mike Pielich – Assistant Coach at UHS Offensive and Defensive Line

- Former Central Connecticut Standout
- All – State Lineman Union High School

Andy Silvagni – Secondary and Wide Receivers Coach at Milburn High School

- Former Standout at Montclair State
- All County Defensive Back at New Providence High School

Desmond Stapleton – Current Offensive Lineman at Rutgers University

- All State Lineman at Union High School

Peter Tverdov – former defensive lineman and captain Rutgers University

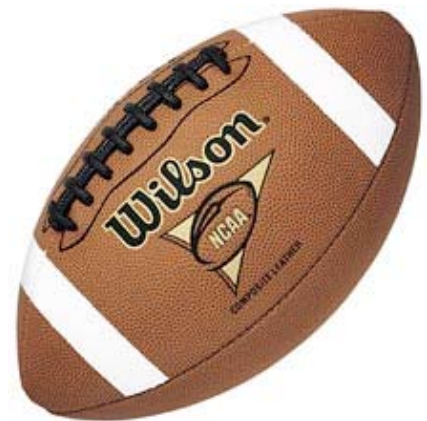
- All State Linebacker at Union High School
- Current NFL Prospect at Chicago Bears

James Melody – Current Quarterback at Montclair State University

- All-County QB at Union High School

Joe Menici – Current Punter/Kicker at Fairleigh Dickinson University

- Former Union High School Punter/Kicker



July 13 to 17th
10am to 1pm
9-15 year old players

Cost \$249

Camps will be held outdoors at:
The Wardlaw-Hartridge School
1295 Inman Avenue, Edison, NJ 08820

Rain Location:
East Coast Conditioning SportsPlex
216 Tingley Lane, Edison, NJ 08820

Call to reserve your spot
(908) 756-6868
Info@ECC-Athlete.com

East Coast Conditioning SportsPlex
216 Tingley Lane
Edison, NJ 08820

www.EastCoastConditioning.com