



East Coast Conditioning  
Sports Performance Training

## G-Force Fall Field Hockey Clinics



Disney Showcase 2010



### About G-FORCE

G-FORCE conducts field hockey camps, field hockey clinics and other field hockey training programs in New Jersey. We also offer one-on-one training to NJ, NY, PA and CT area players. We welcome all players at all levels, and all ages.

Our focus is to continue to develop elite players from the grassroots level through College.

G-FORCE Field Hockey is an Elite Club that's dedicated to the growth of field hockey in the New Jersey, New York and Connecticut areas. Our club has elite professional coaches that will teach all the fundamentals of the game to your child at any level. We teach the fundamentals of the game, but continue to stress the essentials such as decision making and problem solving on the field in a practice environment.

[www.gforcefh.com](http://www.gforcefh.com)

### FALL FIELD HOCKY CLINICS

**When:** Saturdays, 4pm-6pm

**Duration:** 7 weeks  
September 11, 18, 25; October 2, 9, 16, 23, 2010

**Cost:** \$210

All ages – training will be broken down by skill and age

**Location:**

East Coast Conditioning SportsPlex  
216 Tingley Lane, Edison, NJ 08820  
(908) 756-6868

**Registration:**

To Register please call (908) 756-6868  
or email [info@ecc-athlete.com](mailto:info@ecc-athlete.com)

where athletes train

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