

East Coast Conditioning ATHLETE UNIVERSITY

WHERE ATHLETES TRAIN

East Coast Conditioning Athlete University Training & Rental Options

Happy Holidays!
Holiday Special:

\$50 OFF Any Facility Rental now
till December 31st*

Call for open times – Extended
hours over holiday break!!

* Limit 1 per team. Must be purchased
and used by Dec 31, 2011. Not
applicable for single basket
or single cage rental.



SportsPlex Edison, NJ

Rental of Space:

SportsPlex (Turf):

- **Field A:** (80x50 open turf area) \$150 per hour
- **Field B:** All 3 cages: \$150 per hour
Includes 3 batting cages with portable
mounds – 2 baseball iron mikes
- **1 cage:** \$50 per hour
- **Full turf facility:** \$275 per hour
- Groups of 18 or more players must have
EC staff to ensure safe & productive
training environment

This space is typically used /
rented for:

- Lacrosse
- Soccer
- Baseball
- Softball
- Field Hockey

Competition Center (Hard Wood Courts):

- **Full Facility:** \$175 per hour
- **Half Court:** \$100 per hour
- **Single Basket Rental:**
\$30 per hour (call for availability)

The East Coast Competition
Center is often used for:

- Basketball training, games
and tournaments
- Soccer / Futsal
- Volleyball
- Group Fitness classes
(up to 150 people)
- Combine testing



NEW
LOCATION!

Competition Center Edison, NJ

Equipped with:

- 6 baskets (4 which are adjustable
for younger players)
- Volleyball Set ups
- Soccer goals

Add an Instructor to Your Rental:

Add an instructor to your rental: \$100 per instructor added.

Private Instruction Options:

Baseball – Softball – Lacrosse - Basketball
(All packages are 1/2 hours. 1/2 hour lessons may
be used together / combined into hour long lessons)

- 1 time drop in rate: \$65
- 5 half hour lesson package: \$275
- 10 half hour lesson package: \$450



For more details call **(908) 756-6868**
or email **info@ecc-athlete.com**

ECC SPORTS PERFORMANCE OFFERS SPECIALIZED TRAINING IN

BASEBALL – SOFTBALL – SOCCER – LACROSSE – BASKETBALL – FIELD HOCKEY – GOLF – STRENGTH AND CONDITIONING

EAST COAST OFFERS COMPETITIVE TRAVEL TEAMS IN

LACROSSE – BASEBALL – SOFTBALL

ECC SportsPlex

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(908) 756-6868
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ECC Athletic Training Center

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ECC Competition Center

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