



East Coast Baseball

A DIVISION OF EAST COAST CONDITIONING



East Coast Softball

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East Coast Baseball Academy

East Coast Softball Academy



Baseball Team Tryouts – Year Round Program

Ages: 12U, 13U, 14U, College Select (16U JV, 18U Varsity)

August 7th

Location: Wardlaw HS (Edison, NJ)

Time: 10:00am-12:00pm

August 8th

Location: East Coast Conditioning SportsPlex (Edison, NJ)

Time: 10:00am-12:00pm

Softball Team Tryouts – Year Round Program

Ages: 12U, 14U, 16U

Wednesday, August 25th

12U/14U: 6pm to 7:30pm at SportsPlex

16U: 7:30pm to 9pm at SportsPlex

Thursday August 26th

12/14U: 6pm to 7:30pm at SportsPlex

16U: 7:30pm to 9pm at SportsPlex

Saturday August 28th

12U/14U: 10am to 11:30am at Wardlaw Hartridge HS

16U: 11:30am to 1pm at Wardlaw Hartridge HS



Benefits of Being on the East Coast Academy Teams

- Year round training curriculum
- Full time collegiate strength coach
- Sports Specific Professional Coaching Team
- 2 Professional Academy Focused facilities
- Year round league and tournaments
- In house college recruiting services
- Full time administrative support

**Pre Register
by August 1st**

**(908) 756-6868 or
info@ecc-athlete.com**



East Coast Conditioning

Sports Performance Training

where athletes train

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